

# August 2020



VETERANS OF FOREIGN WARS POST 4809  
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Quartermaster- Eric Mallett 757-461-5646

Chaplain- Jim Wold 757-532-2993

**Seam Squirrel-Tim Dawley 757-813-8054**

AUX Pres – Liz Wilson 757-473-3456

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AUX Jr. Vice – Josie Riffle 757-309-0342

AUX Treasurer- Carol Watson 757-761-6455

AUX Chaplain– Ronnie Riffle 757-449-5406

Post Service Officer – Tim Dawley 757-813-8054

## **From the Commander:**

Dear Comrades and Auxiliary,

The heat of summer is in full force. As we begin the month of August, our pace is starting to pick up around our Post. We start out the month with the initial installment of Saturday Mental Health presentations for Veterans and their families. These presentations are scheduled for the first Saturday of each month at 2pm at the Post Home. This month's presentation will be on Grief and Loss. These presentations are part of our Community Service and Americanism programs of the VFW. It is always great to see our fellow membership taking care of Veterans!

We will re-commence our Friday evening Post dinners every second Friday of each month. This month's dinner will be on the 14<sup>th</sup>. We will have pulled pork BBQ with homemade cole slaw and baked beans. Nothing like some good Ol' country food to help tame the pallet! DJ Mike will be playing in the Canteen that evening. If you like to karaoke, this night is for you.

The VFW District II meeting and 2020 -2021 Post Officer School of Instruction is scheduled for the 8<sup>th</sup> of August at VFW Post 392 in Virginia Beach. Post Officers please plan to attend.

Now for the upcoming 75<sup>th</sup> Post Anniversary. Honestly fellow Comrades, we have lost the window of opportunity to have the event this fall, due to COVID-19 restrictions. Our National VFW Commander Hal Roesch's homecoming has been post-poned due to

COVID-19, and with the current restrictions in place, we have no choice but to postpone the 75<sup>th</sup> Post Anniversary as well.

Here are the upcoming events for August:

01 AUG – Post Inventory.

01 AUG – Mental Health Saturday – Grief & Loss.

08 AUG – District II Meeting at Post 392.

14 AUG – Post Dinner.

01, 15, and 22 AUG – Pool Tournaments at Post 4809.

18 AUG – House Committee Meeting.

I am happy to pass on that we now have the capability to have credit card transactions in our Canteen! We look forward to you enjoying your time in YOUR Post CANTEEN.

Fundraisers. Congratulations to fellow Comrade Margarita Cruz-Vargas for winning the patio furniture! We are currently raffling off a microwave. All proceeds go towards the Post Buddy Poppy Fund. Thank you to fellow Comrade Clint Hartman for finding items of interest to raffle off. My plan is to run several raffles throughout this year to aid in various programs for our Post and Auxiliary! The Auxiliary will run the next raffle for a homemade quilt. Your generosity is what makes our Post a success!

That's I have to report for now. I look forward to seeing you all at OUR Post.

Your Commander,  
Dave Alexander Sr  
757-574-3564

# August 2020

## From the Auxiliary President:

Sisters, Brothers and Comrades,

If you missed our meeting in July, you missed a great time! It was so nice to see new members and reacquaint with “seasoned” members. It’s always great to hear the excitement and new ideas that come from fresh eyes and ears! Thank you to all who attended!

You moved? Have a new email address? Please let us know. The Post Newsletter is being sent via email so you don’t want to miss an issue. Keep it handy as we try to get all up-coming events on the calendar each month.

Let’s keep in contact. We are here for each other and our Veterans. Communication is the key. However, if you do not communicate, the key does not work. You need assistance with a special need, call someone. You are stuck in the house and need someone to talk to, send a text or pick up the phone. These are unsettling times for all of us. Don’t try and go it alone. There is always someone willing if you just reach out. We don’t know the need if you do not tell us.

Come out and join us at any and all Post functions. Check your calendar for dates and times.

With the uncertain times, we are experiencing with Covid-19, it was voted on at our meeting to postpone the yard sale at this time. I’m sure everyone understands. We will reschedule it when we can have the yard sale safely.

Carol Watson has graciously volunteered to cook our first dinner on August 7<sup>th</sup> starting at 6:30 pm. Volunteers are always needed to help in the kitchen with serving and clean up.

Auxiliary shirt sales is underway! Polo shirts are \$25.00; Tee shirts are \$15.00. Examples of each shirt will be posted on the Post information board and online. Senior Vice President Ashley Johnson is taking orders.

Our next meeting will be Monday, August 3<sup>rd</sup> at 7:00 pm. Gloria and I will be attending the Department School of Instruction on August 1<sup>st</sup>. I know we will come back with lots of information to share. Hope to see you there!

Respectfully submitted,  
Liz Wilson  
Auxiliary President

## From the Post Chaplain:

Comrades and Sisters,

I Hope this newsletter finds everyone healthy and looking forward to the future. I am sorry to report we had one Comrade that passed away since our last newsletter. His name is James Shilts. Please keep any of our Comrades, Sisters and family members that might be undergoing health problems in your daily thoughts and prayers. They continue to need our love and any support we are able to render.

Also remember if you or a family member should become ill, confined at home, admitted to the hospital or experience the loss of a loved one be sure to contact me Jim Wold at (757) 532-2993 or the Post Home (757) 461-1343. One of our most important responsibilities as VFW members is provide support and assistance whenever possible for our fellow Comrades, Sisters and family members in their time of adversity.

Never forget to pray for all our active duty service members, DOD civilians, first responders, medical personnel and their families both stateside and overseas especially those serving in combat theaters of operation. Don't forget the many Doctors and Nurses sometimes working 24 hours a day caring for those afflicted with the Corona Virus (COVID-19).

Remember we are never too old or set in our views to learn something new or subscribe to a different way of doing things. Our world is large and a wonderful diverse place with so much to see, do and experience. Exploring difficult facets and can do so much to expand our outlook and perspectives. My God Bless All of You.

With My Utmost Respect,  
Jim Wold  
(757) 532-2993  
[jimwold@cox.net](mailto:jimwold@cox.net)



# August 2020

## **From the Auxiliary Chaplain:**

Dear Brothers and Sisters,

I hope this letter finds you in good health and wellness for you and your family. During these times, it's difficult to see the positivity of life; however, we must find joy in the little things, such as spending time with our loved ones or getting that project you have put off. It is a pleasure and a joy to see different members at the Post and my thoughts and prayers go out to the homebound due to COVID-19, and are not able to leave their house for health and wellness reasons. We love and miss you all and hope to see you soon.

Special thoughts and prayers go out to Patsy Holland as she is currently in the hospital.

One of my favorite songs by Christian artist, Jason Gray, is entitled *Sparrows*, coming off the verse of Matthew 10:31 - "*Fear not, therefore; you are of more value than many sparrows.*" In this time of uncertainty, it sometimes hard to not worry about what is going to happen. However, we are God's greatest creation! Just as your children and family are yours to protect and love, God sees us the same way!

If you need anything, please contact me at [ronald.riffle97@gmail.com](mailto:ronald.riffle97@gmail.com). If any are sick or in the hospital, please call me at (757) 449-5406, and I will get in touch with you as soon as I can.

In your service, Ronnie Riffle - VFW Post 4809 Auxiliary Chaplain



## **From the Seam Squirrel:**

Listen up cooties,

We have started the dinners back up and need everyone's assistance. If the Governor ever decides to go back to phase two due to the COVID pandemic, the only change will be that we will need to serve meals on paper plates and utilize plastic silverware. In other words, everything has to be disposable.

If for any reason you cannot make it to any of the Cootie events, please let me know.

I am also awaiting verification of the next Cootie Safari scheduled for 15 August as of now. I should have an answer by our next scratch. I will be requesting we be the first stop like last year.

Upcoming events are:

4 August is our August Scratch.

8 August is the next District II meeting at Post 392 with a school of instruction.

26 August is a memorial for Kim Deshano's wife at our Post in the big hall at 11:00.

28 August is Cootie Burgers and Fries in the Canteen.

30 August is Cootie Breakfast.

As an early reminder, on September 7<sup>th</sup> the Post will be having the Community Awards Ceremony starting at 12:00pm with the Labor Day picnic starting at 2:00pm.

Please continue to support the Canteen, Post and Auxiliary functions as much as you can.

Stay safe and look out for yourselves and each other. Check on friends, neighbors and relatives. Let us know if anyone needs any assistance.

Yours in LOTCS,

Tim Dawley

SS1.0

757-813-8054

[Timothy.dawley@gmail.com](mailto:Timothy.dawley@gmail.com)



# August 2020

## From the Canteen:

We offer Pizza, Cheeseburgers, Lumpia, Mozzarella Sticks, and Loaded Potato Skins daily in the Canteen. Come on out and enjoy some snacks!

## Upcoming Dinners August 2020:

August 7<sup>th</sup>: Auxiliary Dinner – Baked Chicken

August 14<sup>th</sup>: Post Dinner – Pulled Pork BBQ with Cole Slaw and Beans

August 21<sup>st</sup>: Corp. Dinner - Nachos

August 28<sup>th</sup>: Cootie – Burgers and Fries

August 30<sup>th</sup>: Cootie Breakfast

## Canteen Entertainment for August 2020:

August 14<sup>th</sup>: Karaoke with DJ Mike

\*\*\*WE HAVE A NEW GAME ON THE ETAB MACHINES, AND NEW BET AMOUNTS, CAN WIN UP TO \$1000.00!! COME ON OUT AND PLAY!!!!\*\*\*

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**Food Handlers Card reminder: If you are working in the kitchen you need an up to date card. [eFoodhandlers.com](http://eFoodhandlers.com)**

COME IN AND SUPPORT YOUR POST AND ENJOY THE COMRADERY!

**NASCAR on the Big Screen in the Canteen!!!!!!  
See the calendar for dates and times!**

## CANTEEN HOURS

MONDAY thru THURSDAY - 2PM TO 10PM

FRIDAY – 12PM TO 12AM (MIDNIGHT)

SATURDAY – 12PM TO 12AM (MIDNIGHT)

SUNDAY - 12PM TO 8PM

**Pool Tournaments will be on Saturdays (when scheduled) starting at 4:00pm. We will be having beer specials on draft beer. Look at the Calendar for the dates the Pool tournaments events are being held.**

**We are suspending our WED night dinners for the months of JUNE, JULY, and AUG due to Summer vacations and travel plans. We shall be back with them in Sept 2020!**

Respectfully,  
**Martie and Ruth**

## General Information:

1. All newsletter inputs are due to Dave Alexander by the 20<sup>th</sup> of each month. Please send me your newsletter inputs at:

[cwo1967@yahoo.com](mailto:cwo1967@yahoo.com)



**August 2020**

The Post Home is Open!

During Phase 3, this Phase calls for continued Social Distancing.

The Canteen will have the following procedures in place to accommodate this:

**\*\*\*Most importantly if you feel sick please stay at home\*\*\***

\*\*Enhanced cleaning and sanitizing has been done and will continue to be done.

\*\*All Barstools have been taken away from the Bar, tables **ONLY** in use.

\*\*The small hall will be open to help with social distancing requirements.

\*\*More to follow as things Develop.

# August 2020

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
						1 Post Inventory <b>Mental Health Saturday – Grief &amp; Loss. 2:00 pm</b>
2 <b>NASCAR in the Canteen!</b>  <b>New Hampshire – 3:00 pm</b>	3 Aux Meeting 7:00 pm	4	5	6	7 <b>Aux Dinner – Baked Chicken 6:30pm</b>	8 <b>DISTRICT II Meeting – 392 Noon</b>
9 <b>NASCAR in the Canteen!</b>  <b>Michigan – 4:00 pm</b>	10 Post Meeting 7:00 pm	11 <b>MOC Scratch 7:00 pm</b>	12	13	14 <b>Post Dinner – Pulled Pork BBQ 6:30pm</b>  DJ Mike In the Canteen 7:00 pm	15 <b>Pool Tournament 4:00 pm</b>  <b>COOTIE SAFARI</b>
16 <b>NASCAR in the Canteen!</b>  <b>Daytona – 3:00 pm</b>	17 Aux Officer Meeting 7:00 pm	18 HC Meeting Sm Hall 7pm	19	20	21 <b>Canteen Dinner – Nachos 6:30 pm</b>	22 <b>NASCAR in the Canteen! Dover – 4:00 pm</b>  <b>Pool Tournament 4:00 pm</b>
23 <b>NASCAR in the Canteen! Dover – 4 pm</b>  _____	24  _____	25	26 <b>Memorial Service for Susie Deshano 11:00 am</b>	27	28 <b>MOC Burgers/Fries 6:30 pm</b> DJ Mike In the Canteen 7:00 pm	29 <b>NASCAR in the Canteen!</b>  <b>Daytona – 7:30 pm</b>
30	31					