

November 2020



VETERANS OF FOREIGN WARS POST 4809
5728 BARTEE ST NORFOLK, VA 23502 est. 1944

757-461-1343

VFWPost4809@gmail.com

www.vfw4809norfolk.org



CDR — Dave Alexander Sr 757-574-3564

Sr. Vice CDR – Christine Hague-Renwick 757-537-5928

Jr. Vice CDR – Ron Riffle 757-309-0409

Quartermaster- Eric Mallett 757-461-5646

Chaplain- Jim Wold 757-532-2993

Seam Squirrel-Tim Dawley 757-813-8054

AUX Pres – Liz Wilson 757-473-3456

AUX Sr. Vice – Ashley Johnson 757-572-2687

AUX Jr. Vice – Josie Riffle 757-309-0342

AUX Treasurer- Carol Watson 757-761-6455

AUX Chaplain– Ronnie Riffle 757-449-5406

Post Service Officer – Tim Dawley 757-813-8054

From the Commander:

Dear Comrades and Auxiliary,

Welcome to November! This month at the Post Home, we will continue with Mental Health presentations for Veterans and their families. Presentations are scheduled for the first Saturday of each month at 2pm. This month's presentation will be on Saturday 07 November. The topic will be Compassion, Fatigue, and Resilience. There will also be a pool tournament this Saturday 07 November at 4pm. There will be hot dogs and chips with all the fixins available for all tournament players. We will continue with Sports Sundays in the Canteen. Come on down and enjoy your favorite sports events while you enjoy some good ol' cheer with your fellow Comrades! We will also offer Wing Wednesdays every 1st and 3rd Wednesday each month in the Canteen.

We will be grading our Voice of Democracy and Patriot's Pen (VOD/PP) entries on Thursday 05 November at 6pm. Please come out and assist in judging our entries. We will submit them to the District on 14 November.

We will have a Veteran's Day Celebration in the Canteen on 11 November beginning at 12pm.

Membership, Membership, MEMBERSHIP! Please bring an eligible Veteran around and introduce him or her to all the great things we do as members of the VFW! We need members! Moreover, we need Active

Members! **Bottom line is WE NEED YOU!**

We will have our Post Dinner on 13 NOV. This month's dish will be Scalloped Ham and Potato, Salad, and Dinner Roll. The District II meeting is 14 NOV at Post 3160. Lunch will be at noon with the meeting commencing at 1pm.

We will have a Post Clean up event on 21 NOV at 0800. Please come out and assist if you can.

To celebrate Thanksgiving, we will have a Post and Auxiliary Thanksgiving Dinner Sunday 22 NOV starting at 12pm. Please come out and enjoy a hearty meal with your fellow membership.

The Post Home and Canteen will be closed on Thanksgiving Day 26 NOV.

There will be a Christmas Decoration Day in the Canteen on 28 NOV. We have many decorations that are just itching to be put up to celebrate the Holiday Season! Please come out and help our Canteen get into the Christmas Spirit.

We will have a joint meeting for all VFW organizations within our Post on 30 NOV at 7pm.

Please keep our Madam Auxiliary President Liz Wilson in your thoughts and prayers for a speedy recovery while she is rehabilitating from her recent illness.

Please look at our calendar for all the events for this month. That is all I have to report for now. I look forward to seeing you at OUR Post!

Your Commander,
Dave Alexander Sr – 757-574-3564

November 2020

From the Jr Vice-Commander:

All, I serve you as the Jr. Vice CDR of the Post and have been actively working to report activities of the Post members. We are establishing a few new reports that many of our members participate in throughout the month.

If any of the following apply to members of the Post, it is requested that you stop by the Post Home and leave a note for me or email me at vfw4809ron@gmail.com:

- Properly displaying an American flag in their yards.
- Donate funds or time to a youth organization.
- Donate funds or time for a community not for profit organization.
- Support or mentor a military member or family.
- Donate blood or platelets.
- Provide aid to a nursing home or rehab centers.
- Donate resources or time to a school.
- If you participate in a community recycling program.
- If you voted.

Each month the Post can submit reports to the Department of Virginia for tracking of how Veterans serve in the community. Finally, if anyone is interested in becoming more active in the Post we are looking for a member to coordinate community volunteer activities, a Blood Drive, and assist in the kitchen or serving on meal nights. Remember that Tuesday, November 3rd is Election Day.

Still Serving,
Ron Riffle, Jr Vice CDR, Post 4809



From the Auxiliary Vice President:

Sisters, Brothers and Comrades,
November is already here, which means we have entered one of our busiest times of the year. We are hoping to keep that going this year, even though some things must be modified. Please make sure to keep an eye on the calendar, as well as the Facebook group for any updates that may come up throughout the month.

I would first like to start by wishing our Auxiliary President Liz Wilson a speedy recovery while she is rehabilitating from her recent illness. Hurry back Madam President!

I also want to thank everyone who came out and participated in Trunk or Treat, whether you helped us pass out candy, or brought someone show off their costume. As always, it was a great time.

November's dinner will be meatloaf and mashed potatoes. That will be held on November 6th at 6:30. Please come out and enjoy a meal or help us in the kitchen if you are available to do so. We can always use the extra hands. November 14th is District 2 meeting at 3160.

November 22nd we will have a Post and Auxiliary Thanksgiving Dinner. The Post will provide the main course (turkey, Potatoes, vegetables). I am asking the Auxiliary to please bring in a side dish and/or dessert.

November 28th we will be decorating the Post Home starting at 11am. We will be doing something a little different this year; in addition to our regular Christmas trees, we will have an In-Memory of Tree, and Member Tree. If you would like to have a picture placed on either tree, please bring in a copy of the picture to the Post no later than the Friday after Thanksgiving. If you would like to have your picture taken for the Member Tree, instead of bringing one in, you can have it taken on our dinner night.

As we get closer to the end of the year its time for any and all annual members, if you haven't already paid your 2021 dues, to start thinking about paying your \$18.00 to remain a member in good standing or better yet become a life member and never have to worry about it again. If you do not pay by 31 December, you will have to re-apply to become a new member (\$25.00).

I hope everyone has a great Thanksgiving and I hope to see you around the post.

V/R,

Ashley Johnson
Sr Vice Auxiliary President

November 2020

From the Post Chaplain:

Comrades and Sisters -

Once again, we have been very fortunate in that we did not have any news of anyone passing away since our last newsletter. Please keep Theresa Dodson, Liz Wilson, and any other Comrades, Sisters and family members that might be undergoing health problems in your thoughts and prayers. They continue to require our love and any support we are able to provide.

Also remember if you or a family member should become ill, confined at home, admitted to the hospital or experience the loss of a loved one be sure to sure to contact me Jim Wold at (757) 532-2993 or the Post Home at (757) 461-4343.

One of our most important responsibilities as VFW members is to provide support and assistance whenever possible for our fellow Comrades, Sisters and family members in their time of adversity.

Never forget to pray for all our active duty service members, DOD civilians, first responders, medical personnel aiding in the Corona Virus (COVID-19) epidemic both stateside and overseas especially those serving in combat theaters of operation and of course all the Doctors, Nurses, and medical personnel worldwide administering to those afflicted with Corona Virus (COVID-19).

Please remember in this month of Thanksgiving that is one thing to worship and praise our Creator in church, but it is quite different to move out into the real world, worship, and obey his Commandments, which of course should give us cause to reflect on our own lives and how we behave toward each other. Have a safe and Happy Thanksgiving.

With My Utmost Respect,

Jim Wold
(757) 532-2993
jimwold@cox.net

From the Auxiliary Chaplain:

Dear Brothers and Sisters,

I hope you all are doing well with the joy of Halloween and other festivities this past October, with the preparation of Thanksgiving! Life has been different, but also joyful for many with some normalcy to returning to our lives.

It is a pleasure and a joy to see different members at the Post and my thoughts and prayers go out to the homebound due to COVID-19, and are not able to leave their house for health and wellness reasons. We love and miss you all and hope to see you soon. Special thoughts and prayers go to our homebound and sick during this time.

Being thankful is something that is at the forefront of this month. In the Bible there are numerous times when thankfulness is mentioned, however wholeness is something that is much larger with times of uncertainty. Philippians 4:6-7 say, "Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayer, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." In this season there is so much unknown with the upcoming election, school year being in swing, and even the normalcy of holidays. Take time for you and your family to rest and listen to what you need, and those important to you need.

If you need anything, please contact me at ronald.riffle97@gmail.com. If any are sick or in the hospital, please call me at (757) 449-5406, and I will get in touch with you as soon as I can.

In your service,

Ronnie Riffle
VFW Post 4809 Auxiliary Chaplain



November 2020

From the Seam Squirrel:

Listen up Cooties,

We had a lousy month in October. We had a busy weekend with our steak dinner Friday night, breakfast for the Car Show Saturday and our usual breakfast on Sunday. Thank you all who came out. Thank you for your support.

We have another busy Month in November. See the schedule below.

If you cannot (or will not) make a Cootie event, please let me know. We have been running low on help. The difference between a VFW member and a Cootie is a member waits to be asked to provide help, a Cootie does not wait, they just shows up and asks what needs to be done.

Please continue to support all the other Post, Canteen and Auxiliary functions as well as our own. I always look forward to seeing everyone.

Upcoming November events:

3 November Scratch.

5 November the grading of the Voice of Democracy and Patriots Pen starting at 1800 (6:00pm).

7 November All Buddy Poppies have to be completed and returned to the Post.

11 November Post Veterans Day Celebration.

14 November District 2 meeting at Post 3160 starting at noon.

21 November Post clean up at 0800 (8:00am).

22 November Post Thanksgiving Dinner starting at noon.

26 November Post closed for Thanksgiving.

27 November Cootie burgers and fries/onion rings.

29 November Cootie breakfast.

30 November Joint meeting.

In December, we will not be doing burger night or breakfast.

Stay safe and look out for yourselves and each other. Check on friends, neighbors and relatives. Please let us know if anyone requires any assistance.

Yours in L.O.T.C.S.,|

Tim Dawley

SS1.0

757-813-8054

Timothy.dawley@gmail.com



November 2020

From the Canteen:

We offer Pizza, Cheeseburgers, Lumpia, Mozzarella Sticks, and Loaded Potato Skins daily in the Canteen. Come on out and enjoy some snacks!

Upcoming Dinners November 2020:

- 06 NOV: Auxiliary Dinner – Meatloaf
- 13 NOV: Post Dinner – Scalloped Ham and Potato, salad, dinner roll
- 20 NOV: Corp. Dinner – Sub Sandwiches
- 22 NOV: Post/Auxiliary Thanksgiving Dinner
- 27 NOV: Cootie Burgers/Fries
- 29 NOV: Cootie Breakfast

Canteen Entertainment for November 2020:

- 06 NOV: Robbie Bradshaw
- 13 NOV: DJ Mike
- 27 NOV: DJ Mike

WE HAVE A NEW GAME ON THE ETAB MACHINES, AND NEW BET AMOUNTS, CAN WIN UP TO \$1000.00!! COME ON OUT AND PLAY!!!!

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Food Handlers Card reminder: If you are working in the kitchen you need an up to date card. eFoodhandlers.com

COME IN AND SUPPORT YOUR POST AND ENJOY THE COMRADERY!

**NASCAR and Football on
the Big Screen in the
Canteen!!!!!!
See the calendar for
dates and times!**

CANTEEN HOURS

MONDAY thru THURSDAY - 2PM TO 10PM
FRIDAY – 12PM TO 12AM (MIDNIGHT)
SATURDAY – 12PM TO 12AM (MIDNIGHT)
SUNDAY - 12PM TO 8PM

REMINDER: IF YOU HAVE A LOCKER AT THE POST, YOUR \$5 IS DUE!

Pool Tournaments will be the 1st and 3rd Saturdays of each month starting at 4:00. We will be having beer specials on draft beer.

WINGS WILL BE SERVED EVERY OTHER WED, November 4 and 18th AT 5:30

******THE CANTEEN IS GOING TO ASK FOR VOLUNTEERS TO COME IN TO COOK ON DIFFERENT NIGHTS OF THE WEEK. A CALENDER WILL BE PUT OUT FOR OPEN NIGHTS. FOR ANY ONE WHO WANTS TO VOLUNTEER, PLEASE SEE THE CANTEEN MANAGER. *******

*******THE POST WILL BE CLOSED ON THANKSGIVING******

Respectfully,
Martie and Ruth

General Information:

1. All newsletter inputs are due to Dave Alexander by the 20th of each month. Please send me your newsletter inputs at:

cwo1967@yahoo.com

2. The Post Home main entrance is locked during normal operation. Please use the keypad to gain entrance. Please call the Canteen if you need the keypad combo at 747-461-1343.

November 2020

The Post Home is Open!

During Phase 3, this Phase calls for continued Social Distancing.

The Canteen will have the following procedures in place to accommodate this:

*****Most importantly if you feel sick please stay at home*****

IF YOU HAVE COME IN CONTACT WITH ANY ONE THAT HAS TESTED POSITIVE THEN YOU CANNOT COME IN THE POST FOR 14 DAYS!!!!

MUST WEAR A MASK IN TH POST UNLESS YOU ARE DRINKING OR EATING


MUST SHOW MEMBERSHIIP CARD TO THE BARTENDER UPON ENTERING THE CANTEEN.

****Enhanced cleaning and sanitizing has been done and will continue to be done.**

****All Barstools have been taken away from the Bar, tables **ONLY** in use.**

****The small hall will be open to help with social distancing requirements.**

November 2020

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
1 Post Inventory Sports in the Canteen!	2 Aux Meeting 7:00 pm	3 MOC Scratch 7:00 pm	4 Wings in the Canteen! Team E-15 5:30 pm	5	6 Aux Dinner – Meatloaf 6:30 pm Robbie Bradshaw	7 Mental Health Sat – Compassion/ fatigue/ resilience 2pm Pool Tournament 4pm
8 Sports in the Canteen!	9	10	11 VETERAN’S DAY Post Veteran’s Day Celebration 12pm	12	13 Post Dinner – Scalloped Ham and Potato DJ Mike	14 DIST II Meeting VFW 3160 12pm
15 Sports in the Canteen!	16 Post Meeting 7pm	17 HC Meeting Sm Hall 7pm	18 Wings in the Canteen! Team Gator Navy 5:30 pm	19	20 Canteen Dinner – Spaghetti 6:30 pm	21 POST Cleanup Event 8am Pool Tournament 4:00 pm
22 Sports in the Canteen! POST/AUX Thanksgiving Dinner 12pm	23	24	25	26  Post is CLOSED.	27 MOC Burgers/Fries 6:30 pm DJ Mike	28 Auxiliary Game Night 6pm
29 MOC Breakfast 9:30am Sports in the Canteen!	30 Joint Meeting 7pm					